



Slow Food
SONOMA COUNTY NORTH

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SONOMA COUNTY NORTH NEWSLETTER, Fall 2016





September is Slow Food Membership Month!

Why Become a Member?

Connect with other people who care about the same kinds of things you care about.

You receive discounts and special invitations to local, national and international events, including Terra Madre and Salone del Gusto.

Learn more about good, clean and fair food and the slow food movement.

You receive an exclusive print magazine that showcases what is happening in the Slow Food movement locally, nationally and internationally and access to special members-only offers and previews.

Engage in helping to make a more good, clean and fair food system.

You receive opportunities to get involved in national campaigns and local activities and projects.

Support an organization that shares your values and is working to make the kind of change in the world you want to see.

Your membership card proclaims your commitment to Slow Food values. You ARE the Slow Food movement

Slow Food members and donors are the lifeblood of this organization, providing a majority of the financial support to power our global movement. Your devotion to living Slow helps make "good, clean and fair food for all" a reality.

Join now!

Go to [Slow Food USA](#). *Designate "Sonoma County North-CA" as your preferred chapter.*

Terra Madre Salone del Gusto 2016

"Terra Madre Salone del Gusto is part conference, part marketplace, part celebration, and all inspiring." Initiated in 1996, this year will see representatives from at least 1,500 food communities from 160 countries on all five continents convene at Terra Madre Salone del Gusto 2016. As in years past, a global delegation will be selected to join the meetings there to help chart the future of our movement as we continue to create a world in which there is good, clean and fair food for all.

The USA delegation to Terra Madre Salone del Gusto 2016 consists of over 200 good-food movement leaders: chefs, teachers, farmers, writers, gardeners, botanists, ranchers and more. And three of these leaders will represent our Sonoma County North chapter.





Rebecca Bozzelli, Sonoma County North (SCN); Max Caruso, Russian River (RR); Wendy Krupnick, RR; Zeno Swijtink, RR; Carol Diaz, SCN; Marie Giacalone, SCN.

Sonoma County North Delegates to Terra Madre 2016

Rebecca Bozzelli is the Head Farmer at Preston Farm and Winery in the Healdsburg's Dry Creek Valley. "As a farmer, when I think of Earth, I think of soil. How do I make my soil happy? The same way I make my soul happy, rolling up my sleeves and tending the land with care and respect, planting to feed the entire community above and below the soil. When visitors tour the farm, they learn how we farm organically and biodynamically and why that is important to us. I believe that teaching others how food is grown and how good food heals the mind and body ultimately creates a stronger food community."

Carol Diaz is our Board's Co-Chair and Communications Chair. She is in charge of our chapter's Facebook page and our website, and is on a new committee to initiate a Snail of Approval program in Sonoma County. "I learn a little more about what the earth has to offer every time I go into the garden. We have a vineyard and a mini farm in Cloverdale where we grow much of the produce that we consume and share with the rest with our family. " Carol would like to encourage people to care not only about having food available, but "caring how their food is grown, how the workers who grow the food are treated, and how the environment is affected in the production of that food."

Marie Giacalone is our Board's Co-Chair and Events Chair. "Slow Food has changed my life. I joined because I have always had a passion for cooking, growing good food, and the traditions of the table, but my involvement in Slow Food has made me aware of global food issues far beyond my own circumstances. Each conference or lecture that I attend expands my knowledge and my commitment. As Events Chair of our chapter I am responsible, along with my committee, for creating events that will enrich and educate our community about these crucial food issues."

Coming Events

September 6-8, 9 am-9 pm, Heirloom Expo, Santa Rosa, [The Heirloom Expo](#). Look for the Slow Food booth and the Sonoma County North School Gardens display.

September 22-26, Terra Madre Salone del Gusto, Torino, Italy, [Slow Food USA](#)

October 22, 11:30 am, Brewery Tours and Tastings: Bear Republic and Cloverdale Ale, Cloverdale

November 12 (date is subject to change, depending on the harvest), Olive Harvest and Lunch, Montemaggiore, Healdsburg

December 3, 11 am-5 pm, *Mercatino di Natale*, Santa Rosa

December 10, evening, Terra Madre Day Celebration, Healdsburg

Mercatino di Natale--Italian Christmas Festival

Sonoma County North is collaborating with the North Bay Italian Cultural Foundation (NBICF) to present a Christmas Festival on December 3 that will include artisan food and craft vendors; food, wine and beer; live music, and a silent auction. Tickets are \$5 in advance, \$10 at the door. Watch for future announcements with more details!

Please, We Need:

Gently Used Books

We are planning to sell cookbooks and other food-related books at our Slow Food booth at the *Mercatino di Natale*. If you have books you'd like to donate, please let us know at slowfoodsonomacountynorth@gmail.com and we'll arrange to get them from you.

Volunteers

If you would like to help with the *Mercatino* on December 3, please let us know at slowfoodsonomacountynorth@gmail.com. We will contact you with more information.



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