**Recipe of the Month: Fresh Corn & Black Bean Salad**

This summer salad can be eaten as a main or side dish. Serves 3-6

**Ingredients**

2-3 ears of corn, kernels removed (about 2 cups), or 1-15 oz can

2 cups cooked black beans (or 1-15 oz can)

½ small red onion, sliced and lightly chopped

2 cloves garlic, minced (or more if you love garlic!)

1 medium jalapeno, ribs & seeds removed, finely diced

1 cup sliced cherry tomatoes

1 avocado, chopped

½ bunch cilantro, de-stemmed

1 Tablespoon olive oil

2 Tablespoons freshly squeezed lime juice (about 1 lime)

½ teaspoon cumin

Salt and freshly ground pepper to taste

**Procedure**

Combine all the ingredients together in a large bowl. Adjust to your taste and season as needed.